Ventilation Matters in Your Home

Fresh air is essential to the health of your home and especially its occupants. Of course, it takes a properly installed ventilation system to make sure the air you breathe is truly up to par. The right setup will protect your home from unwelcome indoor air pollutants and odors while controlling moisture levels and providing air exchange as needed.

Inadequate ventilation reveals itself in a number of ways. Be on the lookout for lingering odors or musty smells, stale or stuffy air, condensation inside or outside of windows, excessive humidity, and mold or mildew.

Three easy ways to improve indoor air quality:
- **Spot ventilation**: Add a bath or kitchen fan near the moisture or pollution source.
- **Whole-house ventilation**: Use a bath fan or a fresh air intake on the furnace along with a controller to provide fresh air.
- **Heat recovery or energy recovery ventilation**: Make whole-house ventilation a part of your heating system.

Three things to watch out for when improving ventilation:
- Possible backdrafting of combustion appliances.
- Overventilation.
- Dangerous pollutants entering your home if air sealing between the home and attached garage is not addressed.

Unlock Financial Incentives

Review insulation and air sealing incentives and find a Trade Ally contractor to assess your home at focusonenergy.com/wholehome or call 855.339.8866.